

March 2011

Lighted Lamp Magazine



From the Editor Contents

I want to draw your attention to some great new things that are happening in Lighted Lamp. Thanks to Elizabeth J.C. and Ashley Jones, the design of the magazine is improving and there are many more backgrounds, graphics, and headline fonts.

I'm also happy to announce that there is a new column called "Christians in History" by Michelle Demsworth that I think you will enjoy reading. Every month, it will focus on the life of a different historical Christian. There is also a book review section.

I especially want to draw your attention to Rebekah M.'s article this month, because it focuses on being a Lighted Lamp. One passage in the Bible that talks about lighted lamps is Matthew 25:1-13, which tells about ten virgins waiting for the bridegroom. Five of them took oil with their lamps, and five did not. The bridegroom was delayed, and the lamps of the five who hadn't brought oil had to leave to buy some. In so doing, they missed the bridegroom's arrival and were shut out of the wedding, all because they were not prepared for the bridegroom to arrive at any time. I encourage you to think about this story and other verses you know about lighted lamps as you read Rebekah's article.

Happy reading, and keep your lamps burning!

God bless,
Priscilla Carsten

Articles:

6 God's Perfect Creation

12 Three Ways to Eliminate Worry

Regular Features:

4 Insights through Hebrew

7 Christians in History

11 Prayer Page

14 Book Review

16 Recipe: Sourdough Scones

Poetry:

10 Continuous Light

13 Go To the Ant!



Photography by Rebekah M.

“If Jesus Christ be God and died for
me, then no sacrifice can be too great
for me to make for Him.”
—C.T. Studd

“Who said flies were not beautiful” by Scetty



Mission:

To encourage and strengthen
Christian teens to love and
follow God with their whole
hearts, souls, and minds; and
to glorify God.

Editor:

Priscilla Carsten

Writers:

Cassandra
Cody Arn
Michelle Demsworth
Rebekah M.
Margaret Neufeld

Photographers:

Isaac Swanson
Rebekah M.
Scetty

Cover:

Isaac Swanson

Graphic Design:

Ashley Jones
Elizabeth J.C.

Rebekah M.'s Insights through Hebrew

A LIGHTED LAMP

What does it mean to be a lighted lamp? What is light, anyway?

The dictionary has 15 meanings for light. The scientific definition for light is that it is a “visible radiation about 0.4 to 0.7 microns in wavelength considered in terms of its luminous efficiency, that is, evaluated in proportion to its ability to stimulate the sense of night.” In Physics, light is “an electromagnetic radiation that can produce a visual sensation”.

God has a lot to say about light. In fact, in the beginning, God said, “Let there be light”, and there was light.

God first created the heavens and the earth. The earth was formless, shapeless, full of water, and dark. The Spirit of God moved upon the face of the waters and then God, (Elohim in Hebrew), said, “Let there be light”. And there was light. And God saw the light, that it was good, and God divided light from darkness. God called the light “Day”, and the darkness He called “Night”.

From the beginning Elohim (God) made a distinct separation between light and darkness, day and night. Then on the fourth day Elohim created the lights in the firmament (sky), presumably the sun to light the day and the moon to rule the night, and also the stars. The creation

of light and the creation of light sources are two different events.

(Hebrew words in brackets)

Light (Or)	Darkness (Cho-shek)
Day (Yom)	Night (Layil, Layla)
Sun (Shemesh)	Moon (Yareach) and Stars (Kokab)
Life(Chai) (pronounced Cha-ee)	Death (Maveth)

We know that Light means Life. Without light, life on this earth would cease. Plants would stop generating food. A lot of processes shut down. Without light there is no life.

Later on, God (Hebrew: Elohim English: Mighty One), after saving the people out of the land of Egypt, became a guide for them, a pillar of cloud by day and a pillar of fire by night.

When Elohim commanded the construction of the Tabernacle, He gave instructions for the Menorah, a seven-branched candelabrum to be continuously lit before Him. He gave very detailed commands and laws, expecting them to be followed to the letter. The continuous light, such as found in synagogues today, is called “Ner Tamid” (continuous light, eternal flame).

The Menorah is a symbol of the nation of Israel. They were, for all the intents and purposes

of God, to be a light to the nations (Hebrew: goyim. English: Gentiles). They were to be an example to all of God's holiness, of the blessings of rewards given by God for the obedience of His laws. Israel was, is still destined to be, a kingdom of priests and a holy nation, setting an example, sitting upon the hill for all the nations to see and know the salvation (Hebrew: Yeshua English: Jesus) of YHWH God.

Zechariah saw a Menorah in a vision and when asked the meaning, God said, "Not by might, nor by power, but by My Spirit." Israel is to be a menorah before God, not by their own might, not by their own power, but by the Spirit of YHWH God.

A light is not a violent force, but a present force. As Dr. Michael Brown says, that to be a light is to be a "voice of spiritual clarity and moral sanity" in this dark and evil age. Darkness is associated with night. Darkness is associated with blindness and sin. When a light shines into the darkness of this age, men with fill uncovered, those that hide their evil under the cover of darkness will be exposed. A light shows how dark the darkness is. A light enlightens darkness.

When Jesus (Hebrew: Yeshua, English: YHWH shall save) came into the World, He came as Light in Darkness. In Him was Light. Without that Light of God is us, there would be no Life of God in us. When Jesus shone in the darkness, darkness could not comprehend it. In Matthew it says then when He began His ministry in the land beyond the Jordan, "the people who sat in darkness have seen a great light".

God's original plan and purpose was for Israel to be a light and a glory to all the nations. Jesus

came into the world as God's light, and to make us His disciples and children of the light. He set the apostles on fire with that light and commanded them to go into all the world and make disciples. Now the light has come to us Gentiles today, as the gospel has been preached into all the world and to all nations.

The church is the body of Christ. As Christ is, so we must be. Every assembly has a light. The light is a responsibility. The church, and we, every member of it, must stand as light in the darkness. Have you ever tried to bury or cover a candle? What happened? It extinguished. Even so, if we try to bury our light and hide it, it will be extinguished. If we turn, fall away from God, and lose our love for Him, Jesus warns us that He will personally come and take away the light He has given us. The Light is precious and we must guard it and never compromise it. Once light is removed, life is removed.

We are to be lighted lamps, lighted by Jesus Himself when He came down as the Son of God and Son of Man. This light has been given to us by God. We must never let darkness engulf us, swallowing our light. We must protect our light, consciences, minds, and bodies from any sort of darkness. We must live a life that is circumspect, always on guard, and quick to repent of sin.

Darkness is the absence of light. In light there is not darkness. Once there is darkness in our life, there can be not light. As youth we must be lighted lamps, lamps with light. That is the challenge and responsibility we must bear boldly. We must keep our light pure and bright so that we can shine for Jesus and in Jesus. Only when

Continued on page 9➡

God's Perfect Creation

by Cody Arn

If you look at the newspaper on your kitchen table, what do you see? Is the news all roses and rainbows? If you are like the rest of us, the answer will be no. More likely you'll see things on guns and gangs. This world we inhabit does not stir thoughts of goodness; it is a dark, imperfect world where sin rules.

This raises a question: how can a perfect, loving God allow sickness, war, and terrorism to flood our world? The answer is kindness. That's right, kindness, the fact that God allows us choose to serve him or disobey, is what causes the havoc in this world.

God gave His commandments for man's good, but ever since Eden man has disobeyed. What happens when you put your hand in a fire? Obviously you get burned. Not because someone wants to punish you but because that's the natural consequence of your action. So it is with us; when we sinned the natural darkness overcame our world.

But did God abandon us when we abandoned him? No, one has only to look at the marvelous creation of our God to see how much He cares for us.

When you look at the glory of a sunset, picturesque mountains, or the wondrous ocean, what do you see? I see God's precious hand at work in His perfect creation.

How could an uncaring God make this beautiful creation? It is flawless creation from a flawless God. That is something that would only be accomplished by a loving God who wants the best for His children.

Now I am an independent filmmaker who loves to direct and write. Something you may not know is that when filming you typically film out of order. This can make shoots very complicated; you could forget a scene, shoot a scene in the wrong clothes, take hours having to prepare the shoot for the next scene, or have two scenes that end up contradicting each other.

Once when my team was filming a video for a contest, our costumer decided that the actress would look better in a different shirt than the drab green she wore for most of the video. So we put her in a pink shirt, and it all looked good until we realized that we accidentally shot the next scene in the same pink shirt (that was a scene where it was supposed to be green again). So we had to do a couple more takes until we got it right, wasting quite a bit of precious time.

Such problems aren't limited to a low-budget film shoots; this happens in Hollywood with the largest film shoots imaginable, New York and London where books come by the bucket load. Even in day-to-day life, we humans just can't make things perfect.

God is a different story; He put the whole world together in a couple of days and let it take its natural course. There was no trial-and-error system; He made it perfectly on the first try. He made a world with kindness ruling and the privilege to choose good or evil, God or the world.

Continued on page 9➡



Dietrich Bonhoeffer: From Breslau to the Abwehr

by Michelle Demsworth

edited by Heidi Lemarr

Dietrich Bonhoeffer was born to Karl and Paula (von Hase) Bonhoeffer in Breslau on February 4, 1906. Karl Bonhoeffer was a psychiatrist and neurologist at Berlin University. He was considered Germany's leading empirical psychologist. Paula Von Hase was born the daughter of a preacher. Bonhoeffer and his twin sister, Sabina, were the youngest of eight children. All of the Bonhoeffer children were born into an aristocratic and liberal family. They were raised in a nominally religious environment and tended to experiment with the fine arts, as well as great literature.

Dietrich Bonhoeffer was very skilled at piano, and it wasn't until he was fourteen that he announced his intentions to become a minister and theologian. This news did everything but please his family. Dietrich received his Doctorate, at age twenty-one, from Berlin University in 1927. He traveled to a couple of countries, namely Spain and America. In Spain, he went to work as an assistant pastor, and then spent a year in America for New York's Union Theological Seminary. Afterwards, he went back to Germany to become a lecturer at Berlin University.

In 1931, Bonhoeffer was ordained by a Lutheran pastor and went on to serve in two Lutheran congregations: St. Paul's and Sydenham, in London, from 1933-1935. In 1934, the pastors' emergency league was organized by 2000 Lutheran pastors in opposition to the state church controlled by the Nazis. After the organization became a Confessing Church, Bonhoeffer led the seminary at Finkenwalde. In 1937, the Nazis closed the Confessing Church's five seminaries. Also in 1937, Dietrich Bonhoeffer wrote *The Cost of Discipleship*, as encouragement for Christians to become more faithful and obedient to Christ. In this book he stated, "Cheap grace is preaching forgiveness without requiring repentance, baptism without church discipline, Communion without confession. ... Cheap grace is grace without discipleship, grace without the cross, grace without Jesus Christ, living and incarnate."

Bonhoeffer was actively opposed National Socialism in the thirties and it escalated until he was recruited into the resistance by General Hans Oster, and was brought into an elite group within the Abwehr (German Military Intelligence). Since allied support was essential to stopping the war, Bonhoeffer was a courier and diplomat to the British Government on behalf of the resistance. Between his travels for the Resistance, Dietrich stayed at Ettal, a Benedictine monastery outside of Munich. He worked there on his book, *Ethics*, from 1940 until he was arrested in 1943. According to Bonhoeffer, this book was written to be "a Christian ethic to resistance and peace--"

Dietrich Bonhoeffer, along with the rest of the members of the Resistance, became the core of the conspiracy to assassinate Adolf Hitler and overthrow the Third Reich. This group consist-

ed of Admiral Wilhelm Canaris, Head of Military Intelligence, General Hans Oster, who recruited Detrich, and Hans von Dohnanyi, who married Bonhoeffer's sister, Christine. All three were executed with Bonhoeffer on April 9, 1945 by the S.S. (SS in the context of the Holocaust and World War 2 stands for Schutzstaffel which, translated literally, means Protective Squad. [1]) officers Adolf Hitler sent to execute



Picture from brisbanetimes.com.au

the last remaining enemies of the Reich. Due to their role in all that happened, Bonhoeffer's brother, Klaus, and his second brother-in-law, Rudiger Schleicher, were executed by the Nazis on April 23, 1945. Their deaths happened seven days before Adolf Hitler committed suicide on April 30, 1945.

Dietrich's acts as a resister, as well as a writer, lecturer, and minister, are still having positive effects on today's society. Like many other Christians who fought for what they believed in, he was sentenced to death but rewarded with his place in Heaven. He is still remembered for the part he played in history and will remain

to be so in the years to come. Dietrich and his family's portraits can still be found on display in St. Michael's Church in Germany. ☩

References:

1. Read more: http://wiki.answers.com/Q/What_does_SS_stand_for#ixzz1EwWLFhEg
2. I gathered most of my facts from <http://www.christianitytoday.com/ch/131christians/martyrs/bonhoeffer.html> and <http://www.iep.utm.edu/bonhoeff/> I also owe a big thank you and credit to Mr. Douglas Huff, who gave me some facts and other information he had picked up on Dietrich Bonhoeffer through his research.

Lamp Cont.

we are light can we make a difference in this world. We are the light of the world.

I sincerely pray, as Paul did in Ephesians 1:17-23 (NKJV), "that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.

And He put all things under His feet, and gave Him to be head over all things to the church, which is His body, the fullness of Him who fills all in all." Amen! ☩

Creation Cont.

When studying life the greatest scientists have been baffled at how everything could be destroyed at the slightest detail. The change of a number could be the end of the world. This really shows how amazing God and His creation are. The whole cycle of the world is flawless, and every being was taken into consideration. The wonder of the ocean, the marvel of the atmosphere; it is all part of the thorough and loving mind of God. This is the flawless love of God shown in His creation. ☩



Continuous Light *by Rebekah M.*

Continuous Light, Eternal Flame,
Come and light me once again.
Fill my life with Your presence bright,
Fill me with Your Holy Light.

A light in the darkness cannot hide,
It must shine so ever bright,
For all to see and all to know,
Let Your fire, Lord, grow and grow.

Let me shine for You alone,
Like the lamps before Your throne,
Give me a pyre, Set me on fire,
An offering burnt right to the bone.

Let me shine just purely for You,
In all I say and all I do.
For I am a little child of light,
A child of day, not child of night.

Your Word is a lamp wherever I go,
You commandments a light for all to know,

The difference between the darkness and light,
The state of one's heart,
whether living day,
Or perishing night.

Let Your light shine through me and in me,
For all the wicked sinners to see,
A hope that they can be set free,
By the light of Your grace and purity.

A light stands out through the darkness,
A light is light; never compromises,
A light is without darkness or fault,
A light must be of God's hands wrought.

I cannot shine but of myself,
I cannot light my light with wealth,
Only I shine when on your altar,
Lit with Your h'vn'ly throes of fire,
Burning, yet living, only for You,
Through Christ, In Christ,
Holy and True.

Background picture from <http://www.flickr.com/photos/andymw91/3404853409/>

Prayer Page



It is important to pray for other Christians, but sometimes it's hard to know what to pray about. Here is one of several examples in Paul's letters, in which he prays that the Ephesian church will learn more about God and grow closer to Him. Also, Paul thanks God for them, and we need to remember what a blessing it is that the Christians we know are Christians. Something else Paul mentions in this and other passages is that he doesn't just pray for them once in a while, but often. Similar passages can be found in Romans 1:8-10, I Corinthians 1:4-8, Philipians 1:3-6, Colossians 1:3-12, I Thessalonians 1:2, and Philemon 1:5-6.

Ephesians 1:15-21 (NKJV)

Therefore I also, after I heard of your faith in the Lord Jesus and your love for all the saints,

do not cease to give thanks for you, making mention of you in my prayers: that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come. 🕯

Three Ways to Eliminate Worry

by Priscilla Carsten

Worry is something that everyone deals with. There are many situations where things might not go as well as we hope they do. And although the Bible tells us not to worry, it's nearly impossible to stop worrying sometimes. A few years ago, I looked up all the verses on worry that I could find, and they all seemed to focus on these three ways of defeating worry.

1. Be Wise

Proverbs 3:21 (NKJV) says, "My son, let them not depart from your eyes— Keep sound wisdom and discretion; so they will be life to your soul And grace to your neck. Then you will walk safely in your way And your foot will not stumble. When you lie down, you will not be afraid; Yes, you will lie down and your sleep will be sweet. Do not be afraid of sudden terror, Nor of trouble from the wicked when it comes; for the LORD will be your confidence, And will keep your foot from being caught."

Making wise choices keeps you from having things to worry about. People who choose to commit a crime, for instance, worry about whether they will be caught, but people who choose not to commit a crime don't have that worry. This also applies to things like studying for a test so you don't have to worry about failing or making sure you have a full gas tank so you don't have to worry about running out. If you want to gain more, wisdom, the book of Prov-

erbs is a great place to read. And as the Bible says in James 1:5, "If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him." The only qualification for this (see verse 6) is that we ask in faith.

2. Pray

Phillipians 4:6-7 says, "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

If there is something that bothers you, stop worrying about it and pray instead. I Peter 5:7 says, "casting all your care upon Him, for He cares for you."

Remember that God does care for you, and that He is all-powerful to solve any problem.

3. Trust God

Jeremiah 17:5-8 says, "Thus says the LORD; 'Cursed is the man who trusts in man And makes flesh his strength, Whose heart departs from the LORD. For he shall be like a shrub in the desert, And shall not see when good comes, but shall inhabit the parched places in the wilderness, In a salt land which is not inhabited. 'Blessed is the man who trusts in the LORD, and whose hope is in the LORD. For he shall be like a tree planted by the waters, which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, And will not be anxious in the year of drought, Nor will cease from yielding fruit.'"

Trust God to take care of you. Note that the

Continued on page 15➔

GO TO THE ANT!

by Cassandra

Go to the ant! Follow her ways!
(Just don't drown in honey, sugar or maize)

Go to the ant! Save food for the winter!
(Forbearing to plunder the cupboard of Neighbour)

Go to the ant! Watch her thriftily store!
(Again, learn from old rich Midas of yore)

Go to the ant! Watch her scurry and work!
(This is a good one. Be sure you don't shirk)

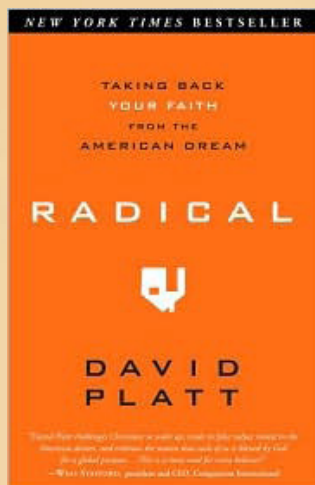
Go to the ant! Watch her join every fight...
(Try avoiding this one. It just isn't right)

Go to the ant! Watch her gobble up sweets...
(Don't. Dentists always encourage such treats)

Go to the ant. Scrutinize her a spell.
Avoid honey, theft and sugar. Work well.



Book Review



Radical by David Platt **Reviewed by Margaret Neufeld**

This month, I had the privilege of reading *Radical: Taking Back Your Faith from the American Dream* by David Platt. I had long heard and read a lot of good things about it and it currently ranks #2 on CBA's best seller list. Although I must say I'm surprised. *Radical's* message is certainly not a popular one in the church today, but it is a very necessary one and nothing short of biblical.

In *Radical*, Platt discusses modern American church culture and how that compares to radical abandonment to Jesus Christ. He discusses the importance of developing a hunger for God and His

Word, realizing who He really is, realizing how sinful we are, and discovering our great need for Him. Platt examines the dangers of the American dream and explains how necessary it is for us to stop relying on our own efforts and abilities and rather be dependent on the Spirit of God.

Today, the church has largely grown cold toward the lost souls of this world when we were created to proclaim the gospel to the entire world. God has called each one of us to make disciples and Platt explains the importance of baptizing new believers, making them a part of our community and using what we learn to teach others. He also challenges individuals and churches to examine their use of finances and encourages them to give sacrificially to the poor as well as take the gospel to the world and be willing to share in their suffering.

In the end, Platt encourages readers to do a one year Radical Experiment where they commit to praying for the world, reading the Word, being a devoted member of a local church, giving sacrificially, and taking the gospel outside their area.

Radical is full of many of the author's personal experiences (many of them in different countries) and bold statements, and contains a clear explanation of the gospel. To be honest, it was a book that often made me uncomfortable as I'm sure it will many others. But it is a book that I believe has the power to transform the lives of Christians and churches in such a way that the gospel will be preached to every nation.

“Our great need is to fall before an almighty Father day and night and to plead for him to show his radical power in and through us, enabling us to accomplish for his glory what we could never imagine in our own strength. And when we do this, we will discover that we were created for a purpose much greater than ourselves, the kind of purpose that can only be accomplished in the power of the Spirit.” (pg 60).^o



Worry Cont.

verse says the one who trusts in God won't be anxious because of heat or drought because it is by the water. In the same way we don't have to be afraid when trouble comes because God is with us. On the other hand, trusting in other people or ourselves leaves us an unreliable foundation.

In conclusion, if we live wisely, pray about our worries, and trust God, we will find that He is sufficient to take care of us in whatever situation we find ourselves in, and realize that there was no need to worry after all.^o

Sourdough Scones

Submitted by Rebekah M.



These Sourdough Scones are unique and versatile. You can customize them with nuts, raisins, and/or chocolate chips.

Ingredients:

1 ¼ cup sourdough starter
2 ½ cups Flour
½ tsp salt
1 tsp cream of tartar
1 tsp Baking Soda
½ cup white sugar/honey
1/3 cup Salted Butter, cold

Optional Glaze:

2 tbsp milk
Course Sugar

Ingredients Glossary:

Sourdough starter is a yeast culture. If you do not have a sourdough starter, here's how to make one: <http://www.io.com/~sjohn/sour.htm>. You can substitute the starter with 1 ¼ cup of water, 1 ¼ cup of flour, and 2 tsps of yeast. This sponge will not have the same depth of flavor as

sourdough. In this recipe, I would recommend the sourdough starter/yeast sponge be made with Atta or Chapatti flour. This finely ground whole wheat is perfect for this recipe as it is not as rough as the common whole wheat flour, making a finer and softer scone. You can probably find Atta flour in Indian food shops. You can also use whole wheat flour.

Flour is an essential ingredient. This recipe can be as healthy and tasty as you like. You can play around with the types of flour. If you use totally all-purpose flour or bread flour, you will have fluffier, softer scones. If you use more whole wheat, you will have healthier fiber-filled scones that are still delicious. I use a mix of Atta and all-purpose flour.

I use salted butter, but if you have unsalted on hand you can use that too. 1 cup of salted butter can be substituted with 1 cup of unsalted butter + ½ tsp of salt.



Method:

- 1) The night before, or at least 6-8 hours beforehand, prepare your sourdough starter and let it rise overnight.
- 2) The next day, measure your butter and return



it to the fridge/freezer to chill well.

3) Measure your flour and dry ingredients (salt, baking soda, cream of tartar, and sugar) into a large bowl or mixer/food processor. Mix thoroughly.

4) Using your hands, kitchen implements, or a mixer/food processor, rub the very cold butter into the dry ingredients, until the mixture resembles coarse bread crumbs. Make sure there are no large chunks of butter.

5) Use a large spatula, wooden spoon, or a mixer/food processor to mix in the sourdough starter. You may not need all of it.

6) Knead gently on a floured counter until it is like bread dough. It should be soft, slightly stretchy, a little sticky, and well mixed.



7) Let the dough sit for about 5-10 minutes.

8) On a floured counter, roll out your scone dough until it is ½ inch thick, sprinkling with more flour as necessary. Coat your cutter (I used a 3-inch circle cutter with crinkled edges) with a little flour, press it firmly into the dough and rotate the cutter several times to loosen

your scone.

9) Place on a greased baking tray. Glaze them with milk. You can sprinkle some coarse sugar onto the scones, making sure to wipe off the excess from the baking tray as sugar will burn onto the tray. This recipe yields 10 large scones.

10) Bake your scones at 200 Celcius or 400 Fahrenheit for 12-15 mins until they are golden brown.

I like to make the scones, cool them, and freeze



them fresh. This helps the scones retain their moist, fresh, taste and texture and you will have them to last you as long as you like.

Scones are lovely for breakfast with butter, clotted cream and jam. Scones (with reduced sugar) can also be eaten for lunch with nuggets, sausages, cheese, ketchup, meat patties, etc. like a burger or they can be served with tea and coffee. ☺

